

# Senior Questionnaire for Counselor Recommendation

Name:

Email:

Cell Phone:

Are you a first generation college student/are you the first from your family to attend college in the US? (First Generation College Student= neither parent received a college education)

List two teachers we can contact for input who are **NOT** writing a recommendation letter on your behalf:

- 1.
- 2.

What is your Career Goal/College Major? Be as specific as possible. If undecided, name some area you are considering, or aspects that are important to you. What sparked your interest in this career?

List three adjectives that best describe you and explain why:

- 1.
- 2.
- 3.

What has been the most satisfying course you have taken and why?

Life's obstacles allow us to grow. Describe an obstacle that impacted you and the growth that resulted.

Describe your greatest success- perhaps a time when you exceeded expectations or excelled beyond your assumed capabilities.

Which single extracurricular activity has been most important to you and why?

Do you want me to mention any course conflict, specific grade or academic incident in your recommendation? If so, please describe:

If you were to write your own recommendation, what would you say in your first paragraph that would grab the reader's attention and prompt them to read on? What sets you apart from your peers?

## Please attach your resume

Your resume should highlight your school and extracurricular activities.

**PLEASE SUBMIT THIS FORM TO YOUR CHILD'S COUNSELOR BY  
SEPTEMBER 14TH**

COUNSELOR (Alpha)	EMAIL ADDRESS (QUESNTIONNAIRES)
Allison Warren (A-BUL)	SAWarren@fcpspschools.net
Anne-Marie Chace (BUM-DEV)	ALChace@fcpspschools.net
Donna Thompson (DEW-FO)	DNThompson@fcpspschools.net
Dana Doss (FR-JOH)	DBDoss@fcpspschools.net
Jean No (JOI-LED)	JNo@fcpspschools.net
Sinitra Harvey (LEE-M) <i>*on leave</i>	*More information below
Kate Foussekis (N-RIG)	KAFoussekis@fcpspschools.net
Nancy Schneider (RIH-SUR)	NWSchneider@fcpspschools.net
Autumn Koo (SUS-Z)	ATKoo@fcpspschools.net
Saira Villeda (ESOL)	SESanchinell@fcpspschools.net

\*Mrs. Harvey is starting the year on maternity leave.  
Please contact Donna Thompson ([DNThompson@fcps.edu](mailto:DNThompson@fcps.edu)) during her leave