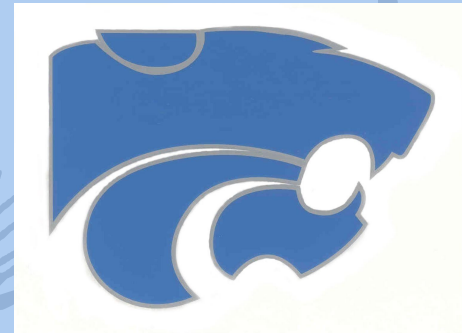


CVHS Return to School

Welcome

February 17, 2021



Revised RTS Timeline

STUDENT GROUPS	Student In-Person Start Dates (Tuesdays)	Required Work from School Dates	2 Prep Days
VHSL Activities & HS Co-Curriculars	January 26	NA	NA
Intervention Cohorts - Elementary, Middle, High	January 26	NA	NA
Group 1-4 (8,000 students): Select CTE and Spec. Ed.	February 16 (New Bell Schedule Starts)	No Later Than Feb 9	TBD
Group 5 (7,000 students): PreK-K and Spec.Ed.	February 23	No Later Than Feb 16	Completed in November
Group 6 (13,500 students): Grades 1-2	March 9	No Later Than Mar 2	Mar 4 & Mar 5
Group 7 (27,500 students): Grades 3-6, Select Spec.Ed.	March 16	No Later Than Mar 9	Mar 11 & Mar 12
Group 8 (24,500 students): Grades 8, 9, 12 Poe, Glasgow, Holmes - Grade 8 Cedar Lane & Quander Road	March 2	No Later Than Feb 23	Feb 25 & Feb 26
Group 8 (24,000 students): Grades 7, 10, 11 Poe, Glasgow, Holmes - Grade 6-7, Select Spec.Ed.	March 9	No Later Than Feb 23	Feb 25 & Feb 26

New Bell Schedule and Lunch Schedule Began Feb 16

Bell Schedule and [Lunch Schedule](#)
[Found Here](#)



CVHS Bell Schedule



Monday	A DAY Tuesday/Thursday	B DAY Wednesday/Friday
Asynchronous Learning	Period 1 8:20-9:43	Period 2 8:20-9:43
	Period 3 (PLUS) Rotation 1: 9:51-10:27 Rotation 2: 10:35-11:11	Period 4 9:51-11:11
	Period 5 (w/lunch) 11:19-1:22	Period 6 (w/lunch) 11:19-1:22
	Period 7 1:30-2:50	Period 8 1:30-2:50

Lunch Shift	Lunch Times	Class Times
Lunch 1	11:12-11:40	11:48-1:22
Lunch 2	11:46-12:14	11:19-11:44 & 12:22-1:22
Lunch 3	12:20-12:48	11:19-12:18 & 12:56-1:22
Lunch 4	12:54-1:22	11:19-12:52

Concurrent Instruction

Students receive **two days of teacher-led instruction in the school building** and **two days of teacher-led instruction at home**.

Students who select virtual learning will receive all four days of teacher-led instruction while learning at home.

- This model maximizes teacher-led instruction (two days in person, two days virtual) by allowing in-person students to “log into” class on at-home days.
- Teacher-led concurrent instruction is the best instructional model for our in-person students.
- Minimizes schedule changes

All students will receive 4 days of teacher-led instruction.

Concurrent Instruction Schedule

MS/HS Concurrent Instructional Schedule				
	Tuesday	Wednesday	Thursday	Friday
Group A (last name A-K)	Periods 1,3,5,7 In-School	Periods 2,4,6,8 In-School	Periods 1,3,5,7 Online	Periods 2,4,6,8 Online
Group B (last name L-Z)	Periods 1,3,5,7 Online	Periods 2,4,6,8 Online	Periods 1,3,5,7 In-School	Periods 2,4,6,8 In-School
Group C (full time online)	Periods 1,3,5,7 Online	Periods 2,4,6,8 Online	Periods 1,3,5,7 Online	Periods 2,4,6,8 Online

Classroom Monitors



- Monitors used when the teacher remains virtual
- Provide in-person support in the classroom
- The teacher leads the class and is responsible for instruction and assessment
- Teachers will share information with their classes if they will be using a monitor
- Students will have a classroom location on their schedule



Orientations

- **Students will be receiving orientation and safety information in upcoming Plus period lessons**
- **Virtual class meetings are being held on Thursday, February 25**
- **Freshman tours conducted through physical education classes**



Bring Laptops and Supplies Each Day

- Lockers will not be used
- Students should plan to bring what they need in their backpack
- Bring laptop, charger, and headphones
- Water bottle for filling stations
- No changing for PE



Lunch



Cafeteria:

Maintaining 6ft of social distancing

Seating at individual desks

Masks will be required when not eating

Students may talk with students seated near them

FCPS offers grab and go breakfast and lunches for all students free of charge

Student and Family Safety Protocols



FCPS Approach to CDC's 5 Mitigation Strategies



Consistent and Correct Use of Masks

- New FCPS Regulation: Face Coverings to Mitigate the Spread of Infectious Disease (Regulation 2109)
- Face coverings will be worn by staff and students.
- Face coverings will be provided to students unable to provide their own.



Cleaning and Disinfection

- Daily sanitizing of high touch areas (doorknobs, handles, fixtures, etc.) with medical grade sanitizing solution
- Frequent monitoring and cleaning of restrooms throughout the day
- Contracted cleaning services utilized as needed



Contact Tracing in Collaboration With Local Health Department

- Collaborate with County Health Department in response to outbreaks in order to implement all necessary health and safety protocols
- Establishment of isolation rooms



Social Distancing to the Largest Extent Possible

- Six foot separation wherever possible; limited mixing among student groups
- Social distancing on buses in accordance with health and safety protocols
- Desks will be separated by up to a six feet distance, facing same direction
- Students will eat meals in classrooms whenever possible
- Student traffic patterns that maintain social distancing
- Limit volunteers/visitors in buildings



Hand Hygiene and Respiratory Etiquette

- Students will wash hands for at least 20 seconds after blowing nose, coughing, or sneezing; before eating; upon entering classrooms; breaks will be provided for hand washing.

Stop the Spread



Cleaning Protocols



Refreshed Cleaning Methods/Processes

FCPS cleaning personnel will be sanitizing and disinfecting more frequently. Their cleaning protocol will include thoroughly disinfecting and sanitizing all surfaces, doors, toilets, and handles, and ensuring that all supplies are always fully stocked.

Increased Cleaning to High-Touch Surfaces/Points

FCPS cleaning crews will be sanitizing touch surfaces/points thoroughly such as door handles, glass, elevators buttons, doors, tables, chairs, and light switches. Daytime custodians have been instructed to continuously disinfect and sanitize all touch points throughout the day.

Health Screening Commitment Form

Important!


Parents/guardians who chose in-school instruction for their child will be required to complete a [Parent/Guardian Health Screening Commitment form](#) as students are phased back into in-person learning.

The document indicates the parent/guardian agreement and commitment to completing a daily health screening prior to sending the student to school and also to keep ill students at home. These health screenings will be done on an honor basis and **will not** be required to be submitted to the school each day.

Families can complete this form in [ParentVue](#)

– OR –

submit the form to school



Parent/Guardian Health Screening Commitment Form

To protect our children and staff, I commit to complete a daily health screening of my child using the COVID-19 Health Screening Questions and to not send my child to school when he/she is sick or feeling unwell with the symptoms consistent with COVID-19. This commitment will apply to all school-age children in my home.

I agree to screen all school-aged children in my home each day prior to sending him/her to school and agree to keep my child at home if he/she has:

- Feeling feverish and/or having chills (if documented temperature/fever of 100.4F or greater)
- A new cough not due to another health condition
- A new sore throat not due to another health condition
- New chills not due to another health condition
- New muscle pain not due to another health condition or that may have been caused by a specific activity such as physical exercise
- New loss of taste or smell

I understand that the COVID-19 Health Screening Questions may change over time as required by the Centers for Prevention and Disease Control (CDC) and that Fairfax County Public Schools (FCPS) will update the health screening questions, as required. FCPS will communicate any necessary changes to me and I agree to continue daily health screenings based on the current requirements.

I agree not to send my child to school if he/she has any of these signs of COVID-19 until:

- o My child tested negative for COVID-19 and is otherwise well enough to go back to school **OR**
- o A healthcare provider has seen my child and documented a reason for the symptoms other than COVID-19 **OR**
- o All are true: 1) at least 10 days since the start of symptoms AND 2) fever free off anti-fever medicines for 24 hours AND 3) symptoms are getting better.

I agree not to send my child back to school if he/she is diagnosed with COVID-19, until the following are met:

- o It has been at least 10 days since my child first had symptoms **AND**
- o My child has had no fever off anti-fever medicines (ex: Tylenol, Ibuprofen) for 24 hours **AND**
- o My child's symptoms are getting better

If someone in my household has been diagnosed with COVID-19, or my child is exposed, I agree to keep my child home for 14 days after their last exposure to the household member.

***Exposure is defined as spending more than 15 minutes within six feet of a person with COVID-19 or having exposure to the person's respiratory secretions (for example: coughed or sneezed); shared a drinking glass or utensils; kissing while they were contagious. A person with COVID-19 is considered to be contagious starting 2 days before they became sick, or 2 days before they tested positive if they never had symptoms.**

If someone in my household develops fever, new cough, shortness of breath or two of the following: sore throat, chills, muscle pain, headache, new loss of taste or smell, I will get that person evaluated and tested for COVID-19. If that person tests positive, I will keep my child home for 14 days after their last exposure to this household member OR as above if my child tests positive.

Child's name: _____

Parent/guardian name: _____

Parent/guardian signature: _____

Date: _____

Revised 8.9.20

Daily Temperature Checks



Fairfax County Public Schools (FCPS) will no longer conduct daily temperature checks for students, staff and visitors.

The Centers for Disease Control and Prevention (CDC) does not recommend schools conduct symptom screening for all students in grades K-12 on a routine (e.g. daily) basis.

- Symptom screening will identify only that a person might be sick, not that the person necessarily has COVID-19.
- Accuracy of thermometers is limited in extreme temperatures

The CDC recommends that parents, caregivers or guardians, should monitor their children for symptoms of infectious illness every day through home-based symptom screening.

Students, staff and visitors still required to complete a daily health screening questionnaire.

Any student, staff or visitor demonstrating symptoms of illness should stay home to help stop the spread of COVID-19.

School Health Room

Support to students in the health room will continue to be provided by the School Health Aide.

Students with Individualized Health or Action Plans who require specialized care, medication administration and emergency care will be seen in the health room.

Parents will be required to bring in medications needed to support their student during the school day prior to or on the first day of school.

***Reminder that health requirements, including necessary documentation for required immunizations, tuberculosis screenings, physicals and Tdap must be met before a student can return to “in-person” learning.**

Care Room

We have a predetermined care room that is a designated location for students who exhibit symptoms of COVID-19 while at school.

It is separate from the health room.

The Care Room is necessary due to the requirement for social distancing and room capacity.

Parents/Guardians must pick up students immediately if student is exhibiting COVID-19 symptoms



Classroom Room Set-Up





Classroom Room Set-Up



Bus Transportation



- Parents will receive information about bus schedules prior to start.
- Seating capacity will be reduced to allow for social distancing.
- Students are reminded to wear a face coverings when riding the school bus.
- Students will be required to sit in seats as marked on the school bus.
- Bus stop information will be available at the school and in [ParentVUE](#).
- **Here Comes the Bus** app is available and provides school bus arrival information.

School Arrival, Dismissal, and Transitions

- Students may drive to school if they get a parking pass. Information about parking passes can be found - <https://centrevillehs.fcps.edu/resources/student-parking>
- Students will report directly to the cafeteria for breakfast, or their 1st period class each morning after arrival.
- Students maintain social distance in the hallway
- Stairs are marked one-way
- 3 - 4 students in the restroom at one time
- Students will dismiss directly to the bus or car at 2:50
- Students may stay after school with a teacher if arranged

Visitors to FCPS Facilities

When possible (unless an emergency) visitors must **schedule appointments prior** to visiting a school by contacting the main office.

All visitors will be required to **complete a health screening questionnaire**.

All visitors are required to **wear a face covering** (cloth or disposable) while on school property and inside FCPS facilities.

Visitors who do not have face coverings will be provided a disposable mask upon entering a school.

Visitor access should be limited to essential activities.

Most IEP, 504, and other parent meetings will be done virtually.

| If Sick at School



Student Illness at Home

If a student becomes ill at home, STAY HOME.

Parents need to contact the school and report the reason for their child's absence.

Students can still access their classes virtually if they are feeling well enough

Becoming Ill While at School



Students will be sent home if they demonstrate COVID like symptoms such as:

- fever greater than or equal to 100.4 Fahrenheit
- new chills
- new cough
- new sore throat
- new muscle aches
- new loss of taste or smell
- nausea, or diarrhea, abdominal pain
- poor appetite
- nasal congestion or runny nose
- shortness of breath or difficulty breathing not due to another health condition
- more tired than usual
- headache

Parents/guardians will be notified and are expected to pick up their child. Parents are to check in with the front office.

Returning to School After Illness

Families will receive guidance from the FCHD Public Health Nurses (PHNs) and School Health Aides (SHAs), identified as the school health team as to when their student can return to in-person learning.

Students who are showing signs of COVID Like Illness may not return to school until:

- The parent/guardian provides the school, a completed “[Return to School](#)” portion of the Sick Student Notification and Return to School Form.

Students who have been diagnosed with COVID-19, may not return until:

- At least 10 days have passed since symptoms started **AND**
- The student has had no fever or anti-fever medicines (ex: Tylenol, Ibuprofen) for 24 hours **AND**
- The student’s symptoms are getting better

Students who have been exposed to COVID-19:

If someone in the household has been diagnosed with COVID-19, or the student is exposed, the student must remain home for 14 days after their last exposure to the household member.

Response to COVID Case in a Classroom

A class(es) may temporarily transition to virtual instruction due to a COVID positive case or outbreak while contact tracing is implemented. The class will resume in-person instruction upon the advisement of the health department.

The school health team, will support the contact tracing process in our school.

Individuals who are identified during the contact tracing will receive notification, as directed by the FCHD. The community will also be notified that a COVID case has occurred in a cohort and the contact tracing process has been initiated.

Upon the conclusion of contact tracing, cleaning and disinfecting, students and staff in the cohort will be notified as to when they will return to in-person learning.

The length of time for this process may be shorter than 14 days based on results of contact investigation and tracing by the FCHD. The community will also be notified that the contacting tracing has been completed and of any further recommendations.

| Resources



Mental Health and Wellness

All children and youth face challenges from time to time managing emotions such as feeling depressed, anxious, or worried.

As students prepare to return to in-person learning, these emotions may be heightened.

Our school counselors, school psychologists, and school social workers are available to support all students as they transition back to their school buildings.

If you or someone you care about is experiencing a mental health crisis, or if you believe there may be a mental health emergency, call 911. Additional resources are available at www.fcps.edu and search [Mental Health Emergency Services](#).

FCPS - Helpful Links



[Mental Health Resources and Emergency Services Information](#)

[Parent/Guardian Health Screening Commitment form](#)

[ParentVue](#) – where parents can access information about their child(ren)

[Return to School](#)

[Student Health and Safety Guidance Document](#)

Plus

[Centers for Disease Control and Prevention](#)

[Permission to Return to School/Child Care Form](#)

[Virginia Department of Health](#)

“How-To” Videos - Links

[Mask-Wearing](#)

[Riding the Bus](#)

[Return to School Daily Procedures](#)

[ParentVue](#)

QUESTIONS??