

CENTREVILLE HIGH SCHOOL



CLASS OF 2018 SENIOR SEMINAR

September 6-7, 2017

CVHS College & Career Center

Mrs. Kara Stamper

kastamper@fcps.edu

(703) 802-5445

Open during school hours, 8am-3:30pm

Located in back right corner of cafeteria

Borrow books from CCC library

Utilize laptop computers and printer

Students can access information about

- ❑ Careers, jobs, volunteer, internship & enrichment opportunities
- ❑ Post-secondary planning options including 2- and 4-year colleges, NOVA Pathways, military, employment and gap year
- ❑ Scholarships and financial aid
- ❑ Standardized test preparation and fee waivers

Post-Secondary Planning

- Northern Virginia Community College
 - ▣ Pathways program provides assistance with the transition from HS to college
- 4-year colleges and universities
- Military Options
 - ▣ Enlistment
 - ▣ ROTC Scholarships
 - ▣ Service Academies
 - ▣ ASVAB testing Nov. 30, 2017
 - ▣ Military Night on March 7, 2018
 - ▣ <http://www.todaysmilitary.com/>




Post-Secondary Planning

- Career exploration
 - <http://www.vaview.vt.edu>
 - <https://bigfuture.collegeboard.org/>
- Apprenticeships/Technical Schools
 - <https://aceclasses.fcps.edu>
- Employment
- Volunteer opportunities
- Gap Year Fair on February 6, 2018
at Marshall HS



Resources


- Career Center Corner newsletter
- Jobs board
- Network with family and community
 - ▣ Job shadowing
 - ▣ Internships
- Family Connection



GET PAID TO PLAY

Join the PAC!
Rec-PAC
FAIRFAX COUNTY PARK AUTHORITY

Seeking creative, high-energy and motivated candidates for part-time positions with the Fairfax County Park Authority Rec-PAC summer camp program.



Register for CVHS College Visits

home courses colleges careers about me my planner

search for colleges:
 Go
MORE SEARCH OPTIONS >>

resources
> transcripts
> test scores

my colleges

- > [colleges I'm thinking about](#)
- > [colleges I'm applying to](#)
- > [letters of recommendation](#)

Upcoming college visits

- 09/13/17 Virginia Tech [details »](#)
- 09/13/17 University of New Haven [details »](#)
- 09/15/17 Albright College [details »](#)

[view all upcoming college visits](#)

- Juniors and Seniors - review Upcoming College Visits and click on a college for details. Click SIGN UP and ensure you get a confirmation page with a green banner across the top.
- Print the confirmation page as your pass to attend the information session.
- **Ensure that your teacher SIGNS THE PASS at least 24 hours in advance and is aware of your scheduled visit**
- Put the appointment in your calendar, show up on time, dress to impress, and be ready with questions to demonstrate your interest and personality


college visits

	College	Date	Location
information sign up	Virginia Tech	9/13/17 9:45 AM	Auditorium
information sign up	University of New Haven	9/13/17 11:30 AM	Career Center
information sign up	Albright College	9/15/17 11:15 AM	Career Center
information sign up	Randolph-Macon College	9/15/17 1:00 PM	Career Center
information sign up	Bridgewater College	9/19/17 9:00 AM	Career Center
information sign up	Virginia State University	9/19/17 11:30 AM	Career Center
information sign up	Radford University	9/19/17 1:30 PM	Career Center
information sign up	Randolph College	9/20/17 9:00 AM	Career Center
information sign up	Mary Baldwin University	9/20/17 2:00 PM	Career Center
information sign up	Virginia Commonwealth University	9/21/17 11:00 AM	Lecture Hall
information sign up	Shippensburg University of Pennsylvania	9/21/17 2:00 PM	Career Center
information sign up	Trinity College Dublin	9/21/17 2:30 PM	Career Center
information sign up	University of Maryland, Baltimore County	9/25/17 1:00 PM	Career Center
information sign up	The University of Alabama	9/25/17 2:00 PM	Career Center
information sign up	Coastal Carolina University	9/26/17 9:00 AM	Career Center
information sign up	Elon University	9/26/17 10:00 AM	Career Center
information sign up	Christopher Newport University	9/27/17 9:30 AM	Career Center
information sign up	University of Mary Washington	9/27/17 12:00 PM	Career Center
information sign up	Indiana University of Pennsylvania	9/29/17 9:00 AM	Career Center
information sign up	Rutgers University-New Brunswick	10/2/17 9:00 AM	Career Center
information sign up	Longwood University	10/2/17 10:30 AM	Career Center
information sign up	College of William and Mary	10/2/17 2:00 PM	Career Center
information sign up	James Madison University	10/3/17 9:00 AM	Lecture Hall
information sign up	Roanoke College	10/3/17 11:30 AM	Career Center
information sign up	Richard Bland College	10/3/17 2:00 PM	Career Center
information sign up	Georgia Institute of Technology	10/4/17 1:00 PM	Career Center
information sign up	West Virginia University	10/12/17 8:45 AM	Career Center
information sign up	Carnegie Mellon University	10/12/17 9:30 AM	Career Center
information sign up	George Mason University	10/12/17 11:15 AM	Lecture Hall

Financial Aid & Scholarships

- Financial Aid Night – October 11, 2017
- FAFSA is available beginning on October 1, 2017
 - ▣ Fill the FAFSA Event – January 20, 2018
- Scholarships
 - ▣ Family Connection
 - ▣ College & Career Center website links
 - ▣ Career Center Corner newsletter
 - ▣ Consider university deadlines

Search for Scholarships

[colleges](#)[careers](#)[about me](#) [my planner](#)

[colleges](#) > scholarships and financial aid

scholarships and financial aid

The list below contains scholarships or financial aid awards that may be relevant for you. Click the name of a scholarship to view more information or click the column headings to sort by name, category, deadline or maximum award.

You may also check the scholarships for which you are submitting applications and then click "Add Selected Scholarships to My List" below.

Browse by category: Only show scholarships added or updated since my last visit

<u>Name</u>	<u>Deadline</u>	<u>Maximum Award</u>	<u>Merit Based</u>	<u>Need Based</u>	<u>Essay Req</u>	<u>Service Req</u>
<input type="checkbox"/> **CVHS Amy Rondeau Scholarship Award	1/4	1,000	X		X	X
<input type="checkbox"/> **CVHS Jeffrey J. Kaylor Memorial Scholarship	4/20	1,000	X		X	
<input type="checkbox"/> **CVHS Lee-Jackson Educational Foundation	1/13	1,000-10,000	X		X	
<input type="checkbox"/> **CVHS nom American Disposal Services Scholarship	3/7	2,500			X	
<input type="checkbox"/> **CVHS nom Granville P. Meade Scholarship	3/1	2000	X	X		
<input type="checkbox"/> **CVHS nom VHSL/Allstate Foundation Achievement Award	3/6	1,500	X		X	
<input type="checkbox"/> **CVHS nom VHSL/Mto Perriello Citizenship Award	3/6	1,000	X			
<input type="checkbox"/> **CVHS nom W. Harold Ford Scholarship foundation	3/1	2,000	X		X	
<input type="checkbox"/> **CVHS PTSA Scholarships	3/10	1,000	X		X	X
<input type="checkbox"/> **CVHS Susan Thorpe Cestare Memorial Scholarship	3/9	1,000	X		X	X
<input type="checkbox"/> **CVHS Virginia Tech Pamplin Leadership Award	1/11	5,000	X		X	X

2017 College Fairs

- Visual & Performing Arts Fair
 - ▣ Sun, October 1 from 1pm to 3:30pm at Wash Conv Center
- VDOT Career Fair field trip – sign up by Sept. 20
 - ▣ Thurs, October 5 from 9am to 1pm at PWC Fairgrounds
- Alcanza College Fair field trip – sign up by Sept. 27
 - ▣ Tues, October 10 from 9am to 1pm at GMU
- College Fair
 - ▣ Sun, October 15 from 7:30pm to 9:30pm at Fair Oaks Mall
- College Night
 - ▣ Monday, October 16 from 7 to 9pm at Hayfield SS

College Application Essentials

- ❑ Complete a college application online via
 - ❑ Common Application
 - ❑ Coalition Application
 - ❑ Individual University Website
- ❑ Submit a Transcript Request form
 - ❑ Counselor will then mail transcript and Secondary School Report (SSR)
- ❑ Check university requirements for
 - ❑ Recommendations
 - ❑ Essays
 - ❑ Standardized test scores

Standardized tests

- Register on time
 - SAT - www.collegeboard.org
 - ACT - www.act.org
- Send scores to colleges
- Be aware of score choice
- Fee waivers available from Mrs. Stamper



Transcript Request Form

- Mrs. Young, Student Services (703) 802-5453
- Office Hours: Tuesday-Friday 7:45 am – 2:30 pm
(closed on Monday)
 - Official transcripts are sent by CVHS and must be requested at least 3 weeks prior to the college/scholarship deadline
 - First 3 transcripts are free, each additional is \$5 plus stamps
 - 7th semester and final transcripts will be automatically sent

CENTREVILLE HIGH SCHOOL TRANSCRIPT RELEASE OF RECORDS FORM

CVHS CEEB Code: 470549

Student Name (Last, First, Middle) Date of Birth Student ID # Phone Number

Graduation Year Student E-mail address Counselor Name

- **The first three college transcripts for seniors are free. No postage is required.** A \$5 fee and two (2) first class stamps will be required for each additional transcript. Fees must be paid at the time of the request.
- Transcripts should be requested **at least fifteen (15) days** prior to a college or scholarship deadline. An additional fee of \$5 per transcript will be charged for all requests made within five (5) business days of a deadline.
- Transcript requests for January 1 deadline should be received no later than the first week of December.
- CVHS does not include test scores as part of the transcript information. It is the student's responsibility to contact www.collegeboard.com (SAT) or www.actstudent.org (ACT) for score requests.
- Seventh semester grades will be mailed in February for all schools on this form.
- Final grades will be sent to the college you select as per the end-of-year Senior Survey that you will complete.

For Office Use Only

Date Received: _____

Fee Paid: _____

Date to Counselor: _____

Date Mailed: _____

College or Scholarship Name and Address	Common Application (yes or no)	Admission or Scholarship Deadline	Select one: Early Action, Early Decision, Priority, Regular, Rolling	Counselor Recommendation Requested (yes or no)
1.				
2.				
3.				

I hereby authorize Centreville High School to release my student's official records to the colleges or scholarships listed on this form. I understand that no records will be sent until all required fees are submitted to Centreville High School—payable by cash or check. Additionally, I waive my right to access the School Counselor letter of recommendation and secondary school reports.

Parent Signature Date

Student Signature Date

Key Things to Keep in Mind

- ❑ Common or Coalition Application transcripts sent by mail
- ❑ Some colleges can receive transcripts electronically through Family Connection

- ❑ School CEEB CODE: 470549
- ❑ Class Size: 607
- ❑ Class Rank: FCPS does not rank - N/A



Mason Researcher Returns to Africa with New Way to "Trap" Deadly Virus

GLOBAL MASON

MASON IDEA

ABOUT MASON

Applying to Mason

Before you can enjoy all of the perks of being a Mason student – a gorgeous campus, flexibility with nearly 80 undergraduate majors, 22 Division I NCAA athletic teams, more than 300 clubs and organizations, and an exciting campus culture – you first need to apply to Mason.

Go to www.gmu.edu

- Your key word to look for on any college website is **Admissions**. Click on the **Admissions** link for GMU
- then scroll down to **Applying to Mason** and then **Undergraduate students**.

Undergraduate Students

Graduate Students

International Students

Military Services

Non-Degree Students



Apply Now

Request Information

Visit Mason

Costs

Military

Freshmen

For years now, people have probably been talking to you about your potential. Now your time has come. College may be the only time in your life when you can truly think without limits, take risks, break boundaries, and even reinvent yourself. In an age that demands originality and imagination, George Mason University is there for you.

- [Freshman Admission Requirements](#)

Mason receives over 17,000 applications each year for its incoming freshmen class of approximately 2,500 students. What factors are evaluated when we review your application? What do we look for in a Mason student? What are the admission considerations for some of the more competitive majors? Get the answers to these and other questions in our Admissions Requirements area.

- [How to Apply to Mason](#)

Information to assist you in filling-out our online application.

- [Application for In-State Tuition Rates](#)

- [Important Deadlines](#)

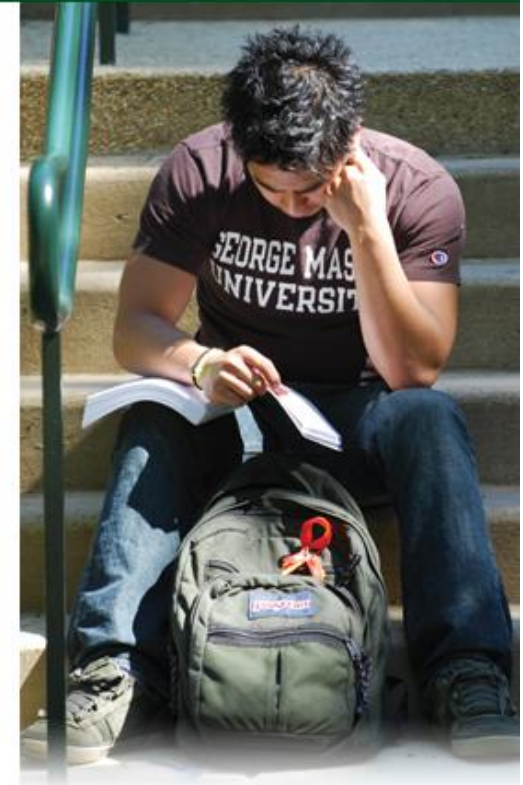
Information about important application deadlines.

- [Tuition & Fees](#)

Information regarding undergraduate tuition and fees.

- [Academics](#)

Review the many majors and minors we offer



Know Your Deadlines

Note These
Types of
Deadlines:

*Scholarship

*Honors
College

*Financial Aid

*ROTC

Important Deadlines

Information about important application deadlines.



Deadline Type	Date	Decisions Mail
Freshman Non-Binding Early Action Deadline*	November 1	December 15
Freshman Honors College Consideration*	November 1	December 15
Freshman University Scholars Consideration*	November 1	Mid-February
Freshman Merit-Based Scholarship Consideration*	November 1	December 15
Freshman Regular Decision Deadline*	January 15	Late March
Mason Financial Aid Deadline	March 1	Mid-February
Freshman Priority Application Deadline (for Spring Semester)	October 1	November 1

*All freshman applicants who apply to Mason by 11:59 pm EST on November 1 will automatically be considered for merit-based scholarships and our non-binding, Early Action decision.

Recommendations

TEACHER

- Students are responsible for asking teachers for recommendations
- If mailing recommendation, supply an addressed and stamped envelope to teacher
- Only send the exact number of recommendations that the college/application requests
- Send a Thank You note to teachers who have written recommendations

COUNSELOR

- ▣ Secondary School Reports: automatic
- ▣ CVHS uses its own form
- ▣ For a Counselor Letter:
 - Senior Questionnaire
 - Parent Questionnaire
 - Resume

family connection

home

courses

colleges

careers

about me



my planner

my colleges

- colleges I'm thinking about

resources

- x2VOL

links

- fcps career planning
- workforce outlook

what's new

- FCPS District has assigned the task [**Complete Game Plan](#) to you
- FCPS District has removed the task **** Complete/Revise Game Plan** that was assigned to you
- FCPS District has assigned the task [\(12th\) Update Favorite Careers & Clusters](#) to you

[more since last visit](#)

Get the mobile app!
Naviance Student



You have [3 new messages](#)

[document library](#)

[contact us](#)

Welcome Message

Family Connection

Welcome to FCPS Family Connection, the 24/7 online access to [individual student plans](#) and resources that support academic, postsecondary, and career planning.

Students can write goals and action plans, research careers, add accomplishments and activities into a resume builder, research colleges and postsecondary options, develop plans of study for high school, and build a career plan for the

Due Sept.15 from all seniors!

Resume

The screenshot shows a web application interface with a navigation bar at the top. The navigation bar includes a 'home' button and several tabs: 'courses', 'colleges', 'careers', 'about me', and 'my planner'. The 'about me' tab is highlighted in blue, and a blue arrow points to it from the right. Below the navigation bar, there are three main content sections, each with a title bar and a list of links. The first section is 'Student Learning Plan', with links for 'goals' and 'tasks'. The second section is 'my assessments', with links for 'StrengthsExplorer®', 'career interest profiler', and 'cluster finder'. The third section is 'interesting things about me', with links for 'portfolio', 'favorite colleges', 'favorite careers and clusters', 'resume', 'game plan', 'documents', 'journal', and 'checklist'. A blue arrow points to the 'resume' link in the 'interesting things about me' section.

home | courses | colleges | careers | **about me** | my planner

surveys to take:

- > [cvhs scholarship survey 2016](#)
- > [game plan survey](#)
- [survey history](#)

Student Learning Plan

- > [goals](#)
- > [tasks](#)

my assessments

- > [StrengthsExplorer®](#)
- > [career interest profiler](#)
- > [cluster finder](#)

interesting things about me

- > [portfolio](#)
- > [favorite colleges](#)
- > [favorite careers and clusters](#)
- > [resume](#)
- > [game plan](#)
- > [documents](#)
- > [journal](#)
- > [checklist](#)

Lunch & Learn Seminars

- Seniors are welcome to stop by the College & Career Center any time
- Lunch & learn college help seminars will be held for seniors during lunches each month. Get help with
 - ▣ College applications
 - ▣ Financial aid/scholarships
 - ▣ Essays
 - ▣ Transcript request form
 - ▣ Fee waivers



Counselor Breakout Sessions

Exit to the following locations for an information session with your counselor!

September 6th

Donna Thompson (A-Cal) – Auditorium

Anne-Marie Chace (Cam-Ec) – Cafeteria

Dana Doss (Ed-Hot) – Library

Jean No (Hou-Kuz) – Lecture Hall

September 7th

Sinitra DeHaven (Kv-Mie) – Library

Kate Foussekis (Mif-Rag) – Lecture Hall

Nancy Schneider (Rah-St) – Auditorium

Autumn Koo (Su-Z) – Cafeteria

Diana De Jesus-Brent (ESOL 1-4) – 2nd Floor Conference Room